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COURSES ON AGING
UNIVERSITY OF MINNESOTA
1986-87

Compiled by Monica Colberg
All-University Council on Aging

Special thanks to Peggy Wolfe
Center for Urban and Regional Affairs

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The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, religion, color, sex, national origin, handicap, age, veteran status, or sexual orientation.

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COURSES ON AGING AT THE UNIVERSITY OF MINNESOTA

There are many courses at the University of Minnesota that address aging. The following list includes only those courses in which aging is a primary focus. These courses have been assembled by the All-University Council on Aging (AUCA), a multi-disciplinary organization of faculty and students of the University of Minnesota interested in gerontology. For further information on the classes, call the departmental or coordinate campus contact, the instructors, or the AUCA office.

How to Use This Course List:

This publication will complement the official bulletins and class schedules of the University of Minnesota. Please refer to them or contact the departments for specific information on class offerings. Prerequisites marked with (#) indicate that the "consent of instructor" is required to register for the course.

DEGREE PROGRAMS IN AGING

Students specialize in aging at either the undergraduate or graduate level through a variety of programs. Some of these are described below. For further information call the All-University Council on Aging at 612/625-9099. Counseling for students interested in coursework or programs in aging is available through the AUCA office.

Undergraduate

College of Liberal Arts

- Bachelor of Arts (BA) or Bachelor of Science (BS):

Major in one of the traditional disciplines, such as sociology or social work, with appropriate aging courses in major and/or minor departments. The Department of Sociology specifically offers an undergraduate minor in aging.

- Individually Designed Inter-Departmental Major (IDIM):

Interdepartmental program of coursework on the theme of aging is developed in consultation with faculty and staff advisors.

- Bachelor of Individualized Studies (BIS):

Coursework grouped into "areas" that may be departmental or interdepartmental in composition. Aging comprises one of these areas.

University College

- Inter-College Program (ICP):

The ICP allows students to design a 190 credit interdisciplinary, inter-collegiate program leading to the BA or BS degree with an emphasis on aging drawn from many segments of the University.

- University Without Walls (UWW):

UWW advisors and the student work closely to develop individualized programs in aging combining courses, directed study projects, and experiences.

General College

• Certificate on Aging Studies Program:

Intended for employed or voluntary personnel already working with the elderly in nursing homes, advocacy homes, and in aging services.

Graduate

The University of Minnesota graduate student can earn her/his graduate degree in a traditional department while pursuing aging studies in the coursework of other department(s). The master's related area (minor) and the Ph.D. supporting program requirement may be met with courses on aging offered by a number of departments.

Further Information

For further information on graduate or undergraduate programs in aging, or to arrange an appointment with a counselor on course selection at the University of Minnesota, call the All-University Council on Aging office at 612/625-9099.

TWIN CITIES CAMPUS

ADULT EDUCATION (EDUCATION)

Departmental Contact: Rosemarie Park, Associate Professor, 625-5524; Harlan Copeland, Associate Professor, 625-0882

Offered Every Quarter

Educ 5401 Adult Learning and Development
3 Credits Day Class Williams

Physiological, social and cultural basis of adult behavior, motivation, socialization, personality change as applied to education of adults.

Fall Quarter

Educ 5104 Survey of Adult Education
3 Credits Day Class Copeland
Prereq sr.

General concepts in the field, literature, objectives, history, philosophy, research, institutions and problems.

Educ 5440 Multidisciplinary Perspectives on Aging
4 Credits Joint Class Copeland
Prereq soph.

(Concurrent with CPsy 5305, HSU 5009, PA 5414, PubH 5520, SHCE 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Spring Quarter

Educ 5103 Adult Education Workshop: Educational Gerontology
1-12 arranged Credits Day Class Copeland
Prereq practicing adult educator or #

Study of topic appropriate to the activities and interests of the participants.

Educ 5110 American Society: Status and Role of Women
4 Credits Day Class Park

The role of women in American history; perceptions of women in literature and art; attention to women in social studies curricula; human sexuality, male and female character-nature and/or nurture; choices of family and career.

Summer Quarter

Educ 5104 Survey of Adult Education
3 Credits Day Class Copeland
Prereq sr.

General concepts in the field; literature, objectives, history, philosophy, research, institutions, issues and problems.

CHILD PSYCHOLOGY

Departmental Contact: William R. Charleworth, Director of Undergraduate Studies
Phone 624-6599

Fall Quarter

CPsy 5305 **Multidisciplinary Perspectives on Aging**
4 Credits Joint Class Tapp
Prereq soph

(Concurrent with Educ 5440, HSU 5009, PA 5414, PubH 5520, SHCE 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Spring Quarter

CPsy 3304 **Introduction to Maturity and Aging**
4 Credits Joint Class Tapp
Prereq 1301 or equivalent

Empirical and theoretical issues in developmental psychology of maturity and aging; survey of perceptual-motor, cognitive, and social psychological changes from young adulthood to old age.

COMMUNICATION DISORDERS

Departmental Contact: Barbara London, Associate Administrator Phone 624-3322

Offered Every Quarter

CDis 5970 **Directed Studies in Aging**
Arranged Credits Joint Class Lassman
Prereq #

Directed readings, pilot studies and preparation of reports on the structure and function of the aging auditory system.

Winter Quarter

CDis 5102 **Communication Problems of Adults**
3 Credits Joint Class Haroldson

Specific problems of hearing, speech, language and voice in adults for persons interested in human communication. Information basic to the communicatively impaired adult. Implications for familial, social, academic and vocational adjustments of living.

Spring Quarter

CDis 5608 **Language Assessment and Intervention-Adults**
4 Credits Joint Class Brookshire

Analysis of language disorders in adolescent and adult populations with special emphasis on assessment and intervention strategies applicable to aphasia and other neurogenic disorders.

ECONOMICS

Departmental Contact: Edward Coen, Professor and Undergraduate Advisor, or instructor Phone 625-6353

Winter Quarter

Econ 5534 **Economic and Social Security**
4 Credits Joint Class Williams, Jr.
Prereq 1001, 1002 or equivalent, or #

(Concurrent with Ins 3210/8210) Nature of economic insecurity caused by death, old age, poor health, unemployment, and poverty. Details and economic and social implications of public and private economic security programs. Major emphasis on such public programs as Old Age, Survivors, Disability and Health Insurance (Social Security), Worker's Compensation Insurance, Unemployment Insurance, and Public Assistance.

FAMILY SOCIAL SCIENCES

Departmental Contact: Kathy Rettig, Assistant Professor, Family Social Sciences, 625-1900; Ann Strelow, Program Director, Peer Counseling Community Services, CEE, 624-9030.

Winter Quarter

FSoS 5240 **Aging Families**
3 Credits Joint Class Rettig, Strelow

This course will focus on the process of aging and its effects on aged parents and their adult children. It will look at age related changes, predictable life crises, intergenerational issues, and specific problem areas such as the dementias and elder abuse in the family context.

FINANCE AND INSURANCE (MANAGEMENT)

Departmental Contact: C. Arthur Williams, Jr., Professor, or instructors
Phone 624-1534

Offered Every Quarter

Ins 3100/8100 **Risk Management and Insurance**
4 Credits Joint Class Cho, Whitmen, Williams, Jr.

How to recognize and evaluate the property, liability, and personnel risks facing a business, a nonprofit organization, a government unit, or an individual or family. The tools of risk management--mainly retention, loss control, and insurance--and the conditions under which they should be used. How to select and deal with an insurer. Public policy issues such as availability of insurance, insurance pricing, and social insurance.

Winter Quarter

Ins 3210/8210 **Economic and Social Security**
4 Credits Day Class Williams, Jr.

(Concurrent with Econ 5534) Nature of economic insecurity caused by death, old age, poor health, unemployment, and poverty. Details and economic and social implications of public and private economic security programs. Major emphasis on such public programs as Old Age, Survivors, Disability and Health Insurance (Social Security), Worker's Compensation Insurance, Unemployment Insurance, and Public Assistance.

Fall, Spring Quarter

Ins 3200/8200 **Life and Health Insurance**
4 Credits Day Class Whitman, Cho
Prereq 3100 or equivalent

Types, uses, and major provisions of individual life and health insurance contracts. Insurance and pension components of employee benefit plans, characteristics and regulation. Programming and estate planning. Business uses of individual life and health insurance. Selection of a life and health insurer.

FOOD SCIENCE AND NUTRITION

Departmental Contact: Shirley Thenen, Professor Phone 624-7425

Spring Quarter

FSCN 8627

Nutrition and Aging

2 Credits Day Class Thenen

Prereq 5623

Critical examination of nutrient interaction with the aging process at the psychologic, biochemical and molecular levels.

GENERAL COLLEGE

Departmental Contact: Daniel Detzner, Associate Professor and Coordinator of Certificate in Aging Studies, or instructors Phone 625-6685

Fall Quarter

GC 1234

Growing Old Together: Aging in the 20th Century

4 Credits Extension Class Detzner

Interdisciplinary course in social gerontology that emphasizes the loss of roles and status of older adults in a youth-centured culture. Effects of a rapidly increasing population of elders on major social and political institutions.

Winter Quarter

GC 1136

Biological Aspects of Aging

4 Credits Extension Class Dearden

An overview of the biological changes that occur with aging, including a discussion of normal aging, common physical problems, diseases of the aged, drugs, preventive health care, the "activated patient" role, and the limits of intervention.

GC 1287

Psychology Applied to Aging

4 Credits Extension Class Brothen

Course designed to serve as an introduction to the psychology aging. It is a psychological analysis of aging, the aged person, society's role in the aging process. Topics include how people react to the aged, how people respond to their own aging, and how people respond as they are aging. Specific areas of study include mental health and aging, societal norms and aging, loneliness and aging, and psychological functioning of the aged person.

Spring Quarter

GC 3217

Community Service Internship

6-12 arranged Credits Extension Class Detzner

Prereq written permission, Aging Studies Program students only

Upper division students acquire career-related experience in human services, urban affairs, or government, working as interns/staff members in a local agency. Structure, functions, funding, politics, and goals of agency examined in weekly small-group seminars. Short written assignments, readings, and a journal help students blend fieldwork with academic materials. A paper/project requires interns to explore field-related topic in depth or make research contribution to agency.

GC 3238

Public Programs in Aging: National, State, Local

4 Credits Extension Class Patten

An overview of government programs at the local, state and national levels. Guest speakers from government agencies describe their programs. Discussion of the Older American Act, Social Security Program, Medicare Program, Medicaid Program, long-term care, advocacy.

Summer Quarter

GC 3376

Humanities: The Experience of Aging

4 Credits Extension Class Yahnke

Using stories, plays, poetry, essays and narrative films, students examine unique characteristics of individual responses to aging. Stereotypes, various roles older persons assume, communication between old and young, problems in family relationships, and crises at critical life stages are explored.

HEALTH SCIENCE UNITS

Departmental Contact: Gerrie Jensen, Teaching Assistant, 624-6102; David Garloff, Chair, Health Sciences Educational Policy Committee, 624-4684.

Fall Quarter

HSU 5009

Multidisciplinary Perspectives on Aging

4 Credits Joint Class Galle

Prereq soph

(Concurrent with CPSy 5305, Educ 5440, PA 5414, PubH 5520, SHCE 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Winter Quarter

HSU 5029

Humanistic Case Studies in Health Care

3 Credits Extension Class Galle

An exploration of health care issues through their embodiment in selected modern plays and novels. Discussion will focus on the full human context in which health-care decisions are made. Themes to be investigated include terminal care, the practitioner-patient relationship, the elderly patient, mental health and madness, and the politics of health-care institutions. Not a course in literary analysis.

HSU 5031

Biology of Aging

2 Credits Joint Class Galle

(Concurrent with SHCE 5007) The student will develop a working knowledge of biology of aging by examining theories of aging, organ systems, cardiovascular and renal systems, reproductive and endocrine systems, immunity, and issues of health and disease.

Spring Quarter

HSU 5030

Humanities and Aging

2 Credits Joint Class Galle

An examination of aging through the perspectives of literature, music, art, philosophy, and history. Discussion will focus on such topics as the historical experience of today's elderly cohort, paternalism, generational conflict, cross-cultural ceremonies of aging, and changing attitudes toward the elderly in America.

PUBLIC AFFAIRS

Departmental Contact: Nancy Eustis, Professor, 625-4534 or 625-9505

Fall Quarter

PA 5401 Social Policy
3 Credits Joint Class Dewar, Eustis
Prereq grad or #

Public policies regarding the satisfaction of human needs such as health, education, employment, day care and housing. Organizational framework, both public and private, for income transfer and the provision of services. Performance. Historical and political context.

PA 5414 Multidisciplinary Perspectives on Aging
4 Credits Day Class Eustis
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PubH 5520, SHCE 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

PA 5433 Social Welfare Reform and Income Support Policy
3 Credits Joint Class Patten

Analysis of major issues including poverty, income redistribution, equality, criteria for evaluating programs, development and impact of current income maintenance systems; limited analysis of selected existing or proposed programs; policy alternatives and their related consequences. Papers in memorandum form emphasizing analytical skills required.

Winter Quarter

PA 5412 Long Term Care
3 Credits Joint Class Patten
Prereq grad or #

Analysis of legislation and policies which encompass care for dependent older persons or other groups (e.g., physically or mentally disabled younger adults), both nursing homes and non-institutional housing and services. Consideration of social, political, and economic context for public and private efforts. Analysis of funding and organization of community (non-institutional) care.

PA 8451 Seminar: Health Care Policy
3 Credits Joint Class Kudrle
Prereq grad or #

Analysis of selected health policy issues. Description and assessment of current policies; proposing alternative solutions. Research papers required.

PUBLIC HEALTH

Departmental Contact: Donna Ashbridge, Assistant Coordinator, Center for Long-Term Care; G. Kenneth Gordon, Associate Professor; Ruth Stryker-Gordon, Associate Professor, 624-5159; Sharon Ostwald, Assistant Professor 625-4993.

Fall Quarter

PubH 5511 Healthy Adults: Public Health Perspective
3 Credits Day Class Ostwald

Models and theories of health and wellness critiqued: how they relate to the adult population in a pluralistic society. Educational, engineering, and enforcement interventions used in primary prevention analyzed in terms of ethical considerations, compliance rates, and economic implications.

Fall Quarter

PubH 5520 Topics: Multidisciplinary Perspectives on Aging
4 Credits Joint Class Ostwald
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, SHCE 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

PubH 5780 Administration and Law in Long-Term Care
2-6 cr arranged Credits Day Class Ashbridge

A 12-week course combining five days of on-campus seminars with independent study. General principles of management, human resources management, and legal aspects of management.

PubH 5782 Practicum in Long-Term Care Administration
6 Credits Day Class Ashbridge, Gordon
Prereq 5780, 5781 or #

A 300-hour practicum in a nursing home setting under the guidance of a preceptor. Includes a four-day seminar on campus.

PubH 5787 Administration of the Long-Term Care Organization
15 Credits Day Class Stryker-Gordon
Prereq practicing LTC administrator
A 10-month program of on-campus classes and independent study

PubH 5788 Program Management for Long Term Care
15 Credits Day Class Stryker-Gordon
Prereq 5787, MHA or MPH
A 10-month program of on-campus classes and independent study.

Winter Quarter

PubH 5517 The Elderly: A High-Risk Population
3 Credits Joint Class Ostwald

Focus on characteristics that place the over 65 age group at high risk for disability, institutionalization, and death. Health maintenance, rehabilitation, and alternatives to institutionalization.

PubH 5519 Health Maintenance in the Community: Continuum of Care
Arranged Credits Day Class Ostwald
Prereq #

Exploration of comprehensive multidisciplinary, multi-systems approaches to maintenance of wellness in populations with long-term health problems. Independent study.

PubH 5781 Gerontology and Services in Long-Term Care
2-6 arranged Credits Day Class Ashbridge

A 12-week course combining five days of on-campus seminars with independent study. Psychosocial gerontology as base for planning and identifying services and programs in long-term care organizations.

Winter Quarter
PubH 5782

Practicum in Long-Term Care Administration
6 Credits Day Class Gordon, Ashbridge
Prereq 5780, 5781 or #

A 300-hour practicum in a nursing home setting under the guidance of a preceptor. Includes a four-day seminar on campus.

Spring Quarter
PubH 5519

Health Maintenance in the Community: Continuum of Care
Arranged Credits Day Class Ostwald
Prereq #

Exploration of comprehensive multidisciplinary, multi-systems approaches to maintenance of wellness in populations with long-term health problems. Independent study.

PubH 5749

Administration of Services to an Aging Clientele
3 Credits Day Class Stryker-Gordon

Management within long-term care organizations, emphasis on institutional living in nursing homes. Lectures, field visits, and research papers.

PubH 5783

Management Uses of Financial Information Systems in Long-Term Care
6 Credits Day Class Ashbridge and staff

Basic tools of financial management for the long-term health care facility. Opportunity for practical application of these tools in class and at the work site for students working in long-term care facilities.

Summer Quarter

PubH 5782

Practicum in Long-Term Care Administration
6 Credits Day Class Ashbridge, Gordon
Prereq 5780, 5781 or #

A 300-hour practicum in a nursing home setting under the guidance of a preceptor. Includes a four-day seminar on campus.

RECREATION, PARK AND LEISURE STUDIES

Departmental Contact: Caroline Weiss, Associate Professor Phone 625-7590

Winter Quarter

Rec 5900

Recreation in Long Term Care Facilities
3 Credits Day Class Weiss
Prereq #

Proposed new course. Contact the instructor for further information.

SOCIAL WORK

Departmental Contact: Fran Guminga, Coordinator of Undergraduate Education, 624-0390; Miriam Cohn, Professor, 624-0783; Rosalie Kane, Professor, 624-0039; Jean Quam, Associate Professor, 624-5888

Offered Every Quarter

SW 3970/8970

Special Topics: Individualized Research in Aging
Arranged Credits Day Class Cohn, Quam
Prereq #

Independent study under tutorial guidance.

Fall Winter, Spring
SW 5211

Advanced Theories of Human Growth and Change
3 credits for graduate students; 4 credits for undergraduates
Day Class Cohn

Prereq graduate standing or 12 credits in social sciences
Social-psycho-biological factors associated with individual and group development as applied to social work practice.

Fall Quarter

SW 5024

Multidisciplinary Perspectives on Aging
4 Credits Joint Class Cohn
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SHCE 5009, Soc 5960) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Spring Quarter

SW 5010 Sec 2

Seminar: Older Women: A Feminist Perspective
3 Credits Day Class Quam

Prereq 1001, 3005 and jr, sr or grad student in social work
(Concurrent with WoSt 5104) Discussion of topics to better understand the lives of older women. Stereotypes of older women, midlife and developmental stages, sexuality and intimacy, social relationships: friendships and family, mental health, health, and economic issues.

SW 5013

Interdisciplinary Team Training in Health Services Delivery
3 Credits Joint Class Schwanke, Cohn

Interdisciplinary team development with application to public health, human service projects. The course covers didactic content, experiential methods, activities to develop attitudes, skills essential to effective team goal setting, decision making, problem-solving, and task accomplishment.

SW 8423

Impact of Chronic Illness on Families
3 Credits Day Class Kitto
Prereq 8400, 8401 and 8122 or #

How family members are affected by chronic illness. Attention to psychological, social, and coping strategies utilized by families and patients.

SW 8450 Sec 2

Special Topics: Mental Health Practice and the Elderly
3 Credits Day Class Abramson
Prereq 8400, 8401

Course will examine major theories of aging, psychosocial disorders, and selected treatment models in the area of mental health and aging. It will emphasize translation of theory into practice with older persons and their families. Major mental disorders will be explored, both organic and functional, and treatment solutions.

SOCIOLOGY

Departmental Contact: Katherine Simon Frank, Coordinator of Undergraduate Advising, 624-7326; Lucy Rose Fischer, Assistant Professor, 624-2310; Donald McTavish, Professor, 625-3190. Departmental phone 624-4300. NOTE: All Day School courses listed are also available through Extension. Contact Continuing Education and Extension for further information.

Fall Quarter

Soc 5855 **Sociology of Medicine and Health Care: An Introduction to Medical Sociology**
4 Credits Day Class Litman
Prereq jr, sr, or grad

Social factors associated with incidence of physical and mental illness and treatment. Social organization of medical institutions. Public needs and medical services. Sociology of aging, social problems of the aged.

Soc 5938 **Aging and the Life Course**
4 Credits Day Class McTavish
Prereq 3201 or 5201, 3401 or 5401, 3937 or equiv or #

Theories of aging, age stratification, generational change; comparative study at organization and individual levels.

Soc 5956 **Sociology of Death**
4 Credits Day Class Fulton
Prereq jr or sr, 8 cr in Sociology, or #

Issues and problems that mortality presents in contemporary society.

Soc 5960 **Multidisciplinary Perspectives on Aging**
4 Credits Joint Class Fischer, McTavish
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SHCE 5009, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Soc 8956 **Death, Grief and Bereavement**
3 Credits Day Class Fulton
Prereq grad student

Issues and problems that mortality presents in contemporary society.

Winter Quarter

Soc 3937 **Social Gerontology: Elders in American Society**
4 Credits Day Class Fischer
Prereq Soc 1001

Situations and problems facing aging people in modern societies. Aspects of human aging from a sociological perspective.

Soc 5505 **Family Development**
5 Credits Day Class Leik
Prereq Soc 1001, 3201 or 5201, Cpsy 1301 or #

The natural history of families--how they form, function, and achieve distinctive identities. Developmental growth of children and parents in interaction in seven stages of the family life cycle, from engagement planning to family dissolution.

Spring Quarter

Soc 5939 **Aging and Intergenerational Dynamics**
4 Credits Day Class Fischer
Prereq 3937

Relationships between adult children and their parents; variations in intergenerational relations; development and the linked life course; kinship vs. friendship; aging families in past times. Lecture/seminar format, group projects with additional hour scheduled for group projects, discussions.

WOMEN'S STUDIES

Departmental Contact: Naomi Scheman, Director of Graduate Studies.
Phone 624-6006

Spring Quarter

WoSt 5104 **The Older Woman: A Feminist Perspective**
4 Credits Day Class Quam
Prereq Soc 3937, 12 cr in Women's Studies, or substantial work in social sciences or psychology or #

(Concurrent with SW 5010) Changing roles of older women in our society and problems unique to them including societal, health, economic, familial, emotional, sexual, and political concerns.

MEDICAL SCHOOL

There are courses in several Medical School departments that focus on the elderly patient. However, because these courses are generally open only to students in the Medical School, they are not listed here. For further information, contact the following faculty:

Patrick Irvine, M.D., Department of Medicine, University of Minnesota, St. Paul-Ramsey Medical Center, 3rd Floor Medicine Department, 640 Jackson Street, St. Paul, MN 55101. Telephone: 221-3055

David Knopman, M.D., Department of Neurology, University of Minnesota, 12-100 Phillips Wangensteen Building, Box 295 Mayo Memorial Building, 516 Delaware Street, SE, Minneapolis, MN 55455 Telephone: 625-9900

James Pattee, M.D., Department of Family Practice and Community Health, University of Minnesota, Box 718 Mayo Memorial Building, Minneapolis, MN 55455 Telephone: 624-2622

COORDINATE CAMPUSES

CROOKSTON

HOSPITALITY AND HOME ECONOMICS DIVISION

Campus Contact: Glenn Olsen, Chair, Hospitality and Home Economics Division
Phone 218/281-6510, Extension 406

Fall Quarter

Gntl 1283 **Introduction to Gerontology**
3 Credits Day Class Johnson

Survey characteristics and concerns of older persons, including social, psychological, and cultural factors associated with age. Emphasis on services, programs and careers in gerontology. Work individually with an older adult.

Winter Quarter

FScN 1273 **Modified Diets**
3 Credits Day Class Stewart

Development of diet for hospitals, nursing homes, penal institutions and summer camps with regard to age, activity, and condition of resident or patient.

Gntl 1383 **Community Resources for the Elderly**
3 Credits Day Class Staff

Discuss, explore and compare the various services and programs available to the elderly including housing, homemaking, health, nutrition and meals, transportation, socialization, recreation, and financial services. Funding sources, fees and eligibility for such programs.

HE 1602 **Social Recreation**
2 Credits Day Class Johnson

Methods and materials for social activities for groups of various sizes and ages. Emphasis on mechanics of planning and presentation and repertory of social recreation activities, organized recreational units, major program areas and inter-relationship of special agencies and institutions.

HE 1983 **Human Service Practicum**
3 Credits Day Class Johnson

Paraprofessional level interviewing/counseling skills, agency interaction, referral resources, crisis intervention. Includes agency placement with emphasis on gerontology.

Spring Quarter

CD 1204 **Adult Development**
4 Credits Day Class Olsen

Human behavior and development from young adulthood through aging. Emphasis on physical, cognitive, social and emotional development.

FScN 1412 **Nutrition Through the Life Cycle II**
2 Credits Day Class Stewart

Nutritional needs during the adult and later years. Format includes lectures, films and guest speakers.

Spring Quarter

Gntl 1243 **Adaptations in Geriatrics**
3 Credits Day Class Johnson

Therapeutic intervention techniques used with the elderly including reality orientation, remotivation, reminiscence and life review, art, music, range of motion mechanics, and activities of daily living to achieve maximum individual potential.

Gntl 1913 **Current Issues in Gerontology**
3 Credits Day Class Johnson

Includes injustices against the aging, current legislation, economic status of the elderly, retirement, sexuality, and institutionalization. Research of current periodicals and opposing views.

HE 1213 **Human Services Program Management**
3 Credits Day Class Olsen

Development of professional competencies and skills necessary for managing a commercial or social service agency in the areas of housing, child care, family or the elderly.

DULUTH

Campus Contact: Janine Watts, Associate Professor, Child and Family Development
Phone 218/726-8186

CHILD AND FAMILY DEVELOPMENT

Winter Quarter

HE 5640 **The Elderly in Families**
2 Credits Day Class Watts
Prereq 1655 or #

Nature and importance of family relationships among elderly persons; factors affecting marriage, divorce and widowhood; interaction with adult children and grandchildren.

COMMUNICATION DISORDERS

Fall Quarter

CD 8205 **Adult Language Disorders**
3 Credits Day Class Mizuko
Prereq #

Theoretical and practical study of the language disorders.

Winter Quarter

CD 5375 **Neuromuscular Speech Disorders**
3 Credits Day Class Mizuko
Prereq #

Theoretical and practical study of neuromuscular speech disorders.

Spring Quarter

CD 5420 **Adult/Geriatric Rehabilitation Practicum**
Credits Arranged, 6 maximum
Day Class Loven
Prereq CD major or #

Provides student with the opportunity to exercise and refine audiological rehabilitation skills with adults under direct supervision.

Summer Quarter

CD 5500

Communication Disorders in Chronically Ill and Aged

3 Credits Day Class Hawk

Communication skills in the chronically ill and aged and the roles they play in the total rehabilitation and/or adjustment of patients. Emphasis on consideration of patient care needs in light of the nature and extent of communication discription.

CD 8305

Clinical Seminar: The Aurally Impaired

3 Credits Day Class Loven

Prereq #

Theoretical and practical study of aurally impaired individuals. Submission of a satisfactory paper plus a case study.

PSYCHOLOGY AND MENTAL HEALTH

Winter Quarter

Psy 3341

Psychology of Aging and Elderly

3 Credits Extension Class Robison

Prereq 1003, 3331

Psychological factors involved in aging; services for the aging as a result of the Older American Act of 1965; educational opportunities for senior citizens based on state law; and the organization, coordination, and administration of various kinds of homes and programs for the aged at the local level.

SOCIOLOGY-ANTHROPOLOGY-GEOGRAPHY

Fall Quarter

Soc 3923

Death and Dying

2 Credits Extension Class Campbell

Prereq 1100, 40 cr, or #

A socio-psychological analysis of bereavement and the processes involved in preparation for death.

MORRIS

Campus Contact: Vicky Demos, Assistant Professor of Sociology Phone 612/589-2211, Extension 6200

CONTINUING EDUCATION

Departmental Contact: Dianne Berger, Secretary Phone 612/589-2211, Extension 6460

Summer Quarter

Directed studies, internships and other field experiences courses are offered in the summer. Workshops on aging and older adults are sometimes offered through Continuing Education.

INTERDISCIPLINARY STUDIES

Fall, Winter, Spring Quarter

IS 3850f, 3851w, 3852s Interdisciplinary Internship

1-15 arranged Credits Day Class Staff

A one-quarter educational experience in a work environment providing field applications for the student's theoretical classroom learning experiences.

IS 3950f, 3951w, 3952s Directed Study

1-5 arranged Credits Day Class Staff

Prereq #

Interdisciplinary studies.

PSYCHOLOGY

Fall, Winter, Spring Quarter

Psy 3920

Field Experiences in Psychology

1-5 arranged Credits Day Class Staff

Prereq #

Individually arranged, supervised observation of and assistance with activities of professional psychologists in schools, clinics, hospitals, and other field settings.

Psy 3950f, 3951w, 3952s Directed Study

1-5 arranged Credits Day Class Staff

Prereq #

Individualized instruction. Content and manner of instruction will depend on the interests of students and staff. Individual research and reading projects in selected areas under the supervision of staff members as well as seminars concerned with the exploration in depth of topics of current interest. Topics to be announced.

Winter Quarter

Psy 3502

Developmental Psychology III: Adulthood, Aging, and Death

1-5 arranged Credits Day Class Benson

Prereq 1201 or #

Introduction to theory, data, and research concerning the age group from young adulthood to old age. Emphasis on physical, cognitive, and social changes.

SOCIOLOGY

Winter, Spring Quarter

Soc 3951w, 3952s

Interdisciplinary Internship

1-5 arranged Credits Day Class Staff

Individualized instruction. Content and manner of instruction will depend on the interests of students and staff.

WASECA

HOME AND FAMILY SERVICES

Campus Contact: Sandra Allaire, Lecturer, Home and Family Services; Karen Liu, Assistant Professor, Home and Family Services, 507/835-1000

Offered Every Quarter

HFSc 1059 **Directed Studies in Aging**
1-3 arranged Credits Day Class Allaire
Individual study or a project in some field related to the aging.

Fall Quarter

HFSc 1052 **Orientation to Family Environment**
2 Credits Day Class Allaire
Study of the dynamics of marriage throughout various stages of life. Elements of positive relationships as well as problems and adjustments. Contemporary concerns of the family. Alternate lifestyles.

HFSc 1184 **Introduction to Gerontology**
4 Credits Day Class Allaire
Human physical, psychological and social changes resulting from time-dependent factors. Emphasis on how these changes affect relationships within society.

HFSc 1283 **Creative Activities for the Elderly**
3 Credits Day Class Liu
Planning and carrying out creative and socialization activities appropriate for elderly persons within a nonmedical program. Emphasis on skills to achieve individual physiological and psychological changes.

HFSc 1533 **Food Management and Preparation**
3 Credits Day Class TBA
Development of techniques in food preparation. Standards of evaluation of food products. Fundamentals of menu planning, food purchasing, safe preparation, and meal service with emphasis on foods for the young children and foods for the elderly.

Winter Quarter

HFSc 1483 **Health and Recreation for the Elderly**
3 Credits Day Class Allaire
The administration of a recreation program, program planning, recreational resources, activities, and adaptation of activities for all groups. Emphasis on practical experience in methods and rules of games, tournaments, and activities. Major health problems of the elderly and consideration of the "Wellness" program.

Spring Quarter

Food 1432 **Nutrition Through the Life Cycle**
2 Credits Day Class Wilson
Application of the principles of nutrition to meet the special requirements of growth, development, maintenance, and aging. The influence of various life stages and styles on diet and food patterns. Emphasis on professional education for nutritional care of various age groups.

Spring Quarter

HFSc 1384 **Practicum-Services for the Rural Elderly**
4 Credits Day Class Allaire
Prereq 1184

Students interact with older adults through and in cooperation with outside agencies. Application of knowledge of various aspects of the aging process in development of skills needed for working with the elderly. Public laws, services and resources that affect this age group.

HFSc 1582 **Death and Dying**
2 Credits Day Class Allaire

The significance of death in human life-individual as well as social. Emphasis on understanding the students' own feelings and attitudes toward death and dying and others who are experiencing it.

All-University Council on Aging
University of Minnesota
330 Hubert Humphrey Center
301 19th Avenue South
Minneapolis, MN 55455